

RISK ASSESSMENT - SURVIVAL EVENT COVID 19

PRIMAL ADVENTURES

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What are the hazards?	Who might be harmed	Controls Required	Additional Controls	Action by who?	Action by when?	Done
Spread of Covid-19 Coronavirus	<p>Instructors and Clients</p> <p>Anyone else who physically comes in contact with instructors and clients</p>	<p>Hand Washing</p> <ul style="list-style-type: none"> • Hand washing facilities with soap and water in place. • Stringent hand washing taking place. • See hand washing guidance. • https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/ • Drying of hands with disposable paper towels. • https://www.nursingtimes.net/news/research-and-innovation/paper-towels-much-more-effective-at-removing-viruses-than-hand-dryers-17-04-2020/ • All encouraged to protect the skin by applying emollient cream regularly • https://www.nhs.uk/conditions/emollients/ • Gel sanitisers if washing facilities not readily available 	<p>Instructors and clients to be reminded on a regular basis to wash their hands for 20 seconds with water and soap and the importance of proper drying with disposable towels. Also reminded to catch coughs and sneezes in tissues – Follow: Catch it, Bin it, kill it and to avoid touching face, eyes, nose, or mouth with unclean hands. Tissues will be made available.</p> <p>Encourage instructors and clients to report any problems and carry out skin checks as part of a skin surveillance programme https://www.hse.gov.uk/skin/professional/health-surveillance.htm</p> <p>To help reduce the spread of coronavirus (COVID-19) reminding everyone of the public health advice - https://www.publichealth.hscni.net/news/covid-19-coronavirus</p> <p>Rigorous checks will be carried out by the senior instructor present to ensure that the necessary procedures are being followed.</p>	Instructors		

		<p>Cleaning Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as cooking equipment and knives, using appropriate cleaning products and methods.</p> <p>Social Distancing By reducing the number of persons in any work area to comply with the 2-metre (6.5 foot) gap recommended by the Public Health Agency https://www.publichealth.hscni.net/news/covid-19-coronavirus https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people</p> <p>Redesigning processes to ensure social distancing in place.</p> <p>Ensuring sufficient rest breaks for Instructors.</p> <p>Wearing of Gloves Where Risk Assessment identifies wearing of gloves as a requirement of the job, an adequate supply of these will be provided. All will be instructed on how to remove gloves carefully to reduce contamination and how to dispose of them safely.</p>	<p>All equipment to be used to be disinfected before use – where practical. (i.e knives, axes, strikers, kettles, pans etc). Instructors and students to be reminded on a daily basis of the importance of social distancing.</p> <p>Management checks to ensure this is adhered to.</p> <p>Instructors to be reminded that wearing of gloves is not a substitute for good hand washing.</p> <p>Gloves to be worn by those preparing food and beverages.</p> <p>Internal communication channels and cascading of messages to instructors will be carried out regularly to reassure and support employees.</p> <p>Support will be given to Instructors who are affected by Coronavirus or has a family member affected.</p>			
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This is a **Risk assessment** for dealing with the current Covid-19 situation in a Survival Course setting.